



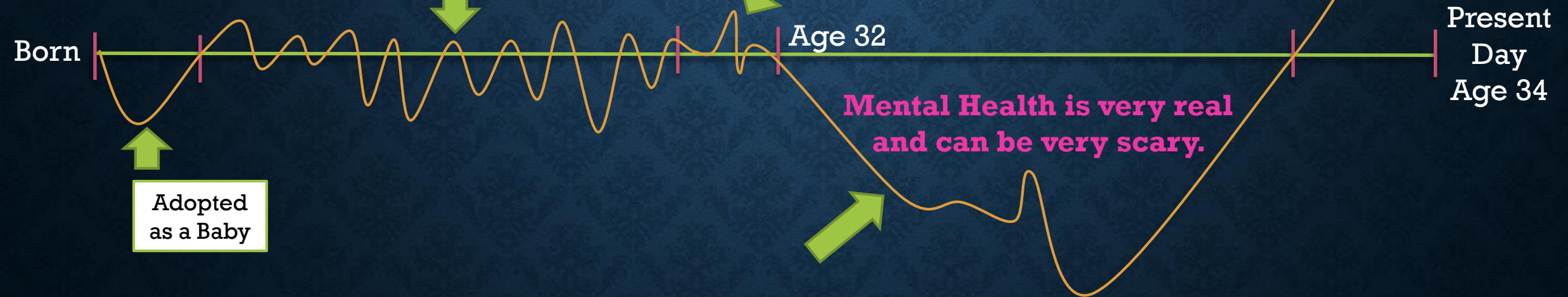
Awesometistic
Autism Can Be Awesome

MY PERSONAL MENTAL HEALTH DIAGNOSIS TIME-LINE

Growing up thinking I am a **Freak**, no one else would understand, cant tell anyone, **Hide Away, Scared, Confused, Weirdo, Don't fit in, Different, Felt really Horrible and Upset..**

Hang on we might have a reason why you have been feeling this way, and drawn to sensory needs etc (Stimming)

You have my ASD diagnosis, Wow this feels like a lot has been answered for, And so over time I start to be the person I have always wanted to be and show.
Amazing I feel I know who I am Finally.
Am NOT A Freak am actually really awesome
Autism can be awesome



But you will have to wait 15 months to find out that actually you could be **pretty awesome**, and we wont help you while you wait see you soon (no support for 15 months). This was the worst 15 months wait of my life and I lost myself along the way, didn't know who I was anymore, no identity, anxiety depression, aggression, clinging onto people trying to find myself. On one hand I am that like a freak I told myself I was and on the other hand I'm a pretty cool person that got though this on my own and listened to my body and sensory needs without learning this from no one. I found my own way to cope in life.